

Pea Sprout Salad

You will find pea sprouts at your local health food store. Now (luckily) they are showing up in mainstream supermarkets.

Salad:

- 2 cups pea sprouts
- 2 cups baby kale/baby spinach mix (I got this at Costco)
- 1 cup broccoli sprouts
- 2 -3 TBS mixed nuts
- 2 TBS dried cranberries

Toss in a large bowl.

Vinaigrette Dressing:

- 3 TBS red wine vinegar
- 6 TBS extra virgin olive oil
- 1 small clove garlic, minced
- 1 / 2 tsp paprika
- 1 / 2 tsp sea salt
- 1 / 2 tsp ground black pepper
- 1 tsp raw sugar
- 1 / 2 tsp Italian seasoning
- 1 tsp fresh oregano
- 1 tsp Dijon mustard

Blend in a processor until emulsified.